Mostly cloudy

High 82, low 60

NEWS, Page 3 39 DAYS LEFT UNTIL **GENERAL ELECTION** 

NEWS,

Page 3

**HEED HATCH ACT RULES** 

SERVICEMEMBERS NEED TO

NEWS, Page 5 **6 DYESS AIRMEN RUN IN AF MARATHON** 

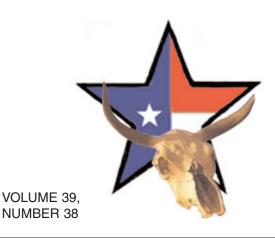
SPORTS, Page 11







DYESS AIR FORCE BASE, TEXAS



# eacemaker

www.dyess.af.mil/pa/news/news.htm

SEPTEMBER 24, 2004

A professional team, delivering bombing, airlift support, training and combat support to combatant commanders... anytime, anywhere

# Dyess cleans house

By Airman 1st Class Kiley Olds

Dyess Public Affairs

Dyess members will conduct a base-wide cleanup Tuesday and Wednesday to enhance the base's overall appearance and reduce office clutter.

"This is our chance to do a great fall clean-up, clear our offices of a year of accumulation and make our buildings ship shape, both inside and out," said Col. Garrett Harencak, 7th Bomb Wing commander.

The 7th BW, 7th Operations Group and 7th Maintenance Group will clean indoors Tuesday, while the 7th Mission Support Group, 7th Medical Group and the 317th Airlift Group will clean outdoors. On Wednesday, groups that cleaned indoors will clean outdoors, while groups that cleaned outdoors will clean indoors.

"By splitting days between groups, this prevents the refuse contractor and the Defense Reuti-lization Management Of-fice from being overloaded," said 2nd Lt. Michael Mihalik, 7th Civil Engineer Squadron maintenance engineering inter-

The goal of the cleanup is to recycle and throw away all unneeded items, improve the appearance of the work space, and save funds by sharing unneeded objects with other agencies, Lt. Mihalik said.

To accomplish the goal, all storage areas, cabinets, files and desks, including all online folders and files, will be cleaned up, organized and inventoried, with all unneeded items cleaned out.

All unclassified papers must be shredded prior to disposal, while unclassified media such as CDs, computer disks and tapes must be destroyed before being disposed.

Unit security managers or information

security officers will provide rules and procedures for disposing if outdated or unneeded classified materials.

Personnel will be responsible for loading and unloading all items. For larger items, forklifts will be available. Units should first attempt to use their vehicles to move items, but three tractor-trailers will be available to collect large items from 11 a.m. to 5 p.m. on both days. To arrange pick up, call 696-4921 or 696-3344. If an item is taken to DRMO or the Hazmart, a member of the unit will need to be there to handle the paperwork. Truck drivers will not be responsible for any item.

Items that can be disposed of in dumpsters marked "recycle only," are metals, recyclable plastic, paper, cardboard and wood products. Items such as grass, leaves or tree branches can be recycled, but needs to be placed in garbage bags and taken to the recycle center at 805 Rapcon Road. If an item is too large or heavy to fit in a recycle dumpster, the items should be brought to the recycle center.

Hazardous waste items are regulated and must be properly disposed of. Items considered to be hazardous waste include used oil and fuel filters, recycled rags, batteries, non-hazardous special waste, chemicals and ozone depleting substances.

Each unit's hazardous waste monitor will be responsible for seeing that hazardous items are disposed of properly.

Trash is all non recyclable and hazardous waste items including glass, food waste, personal hygiene items, foam, nonrecyclable paper and plastic, and textile products. These items should be placed in regular trash dumpsters. If an item is too large, it can be disposed of at the recycling

If dumpsters are nearing being full, call 696-1404 or 696-1806 to have it emptied.



Patrolman Brent Irby, an Abilene Police Department Special Weapons and Tactics team member, surveys a room in base housing after checking it for possible hostage takers. The APD and the 7th Security Forces Squadron conducted a crisis scenario exercise Wednesday.

See Exercise, Page 9

# Base volunteers attempt to break record Saturday

By Staff Sgt. **Zachary Wilson** Dyess Public Affairs

Dyess' own We Care Team is attempting to break its own volunteer attendance record of 97 workers on a single project this weekend.

Scores of Dyess people are expected to swarm Nelson Park to help construct a playground for Abilene children called Ft. Imagination.

"We set the mark during aproject just over one year ago and it's time for that record to fall," said Tech Sgt. Gordon Storey, We Care Team founder and Ft. Imagination team leader.

The project, which began Sept. 22 and runs through this weekend, is planned to utilize the hundreds of Dyess and Abilene volunteers to build a playground featuring many unique pieces of playground equipment from the ground up, Sergeant Store said.

While work has been ongoing, the majority of the help



Airman Matthew Romano, Jr., We Care Team project member, helps paint a fence during a recent We Care Team project. This week the team has teamed up with Abilene volunteers on a project and seeks to break their own volunteer record for a single

is going to be needed over the weekend, Sergeant Storey said. There are three shifts; 8 a.m. to 12 p.m.; 12:30 to 5 p.m. and 5:30 to dusk.

The \$150,000 project was designed by Abilene children and is being built solely by volunteers. Sergeant Storev said.

Some of the workers needed will be skilled workers familiar with power tools and carpentry," Sergeant Storey said. "Unskilled workers are just as valuable and needed, as they can help with carrying, assembling, sanding, shoveling and assisting with other projects, Sergeant Storey said.

Children 10 and up can work at the site as well, but can't use power tools. Children 10 to 13 must work with their parents. Families and groups are encouraged to work together.

The group will meet at 7 a.m. Saturday for the morning shift and 11 a.m. for the afternoon shift in the military personnel flight parking lot.

"We really want to make an impact on the community and show how much Dyess people care with this project," Sergeant Storey said.

# Longhorn dining facility use limited for retirees

By 1st Lt. Ben Gamble Dyess Public Affairs

For the past month, patrons of the Longhorn dining facility may have noticed a change in the number of people eating there, as a new policy governing who may use the facility was published in August.

The new adjusted policy, signed by Col. Jonathan George, former 7th Bomb Wing commander, establishes retired persons' use of the Longhorn dining facility to dinner meals, weekend brunch, the Air Force birthday meal, and all federal holidays.

Retirees are not permitted to dine during the normal breakfast and lunchtime periods.

"The Airmen of Dyess are my primary concern, and this facility is for them," said Col. Steven Tippets, 7th Mission Support Group commander. "We've gone the extra mile to accommodate our retirees for dinner and holiday meals, and I think that's a reasonable position."

The following people are eligible to eat all available meals at the Longhorn dining facility:

- All enlisted personnel
- Officers and civilians on alert

status or on temporary duty at

- · Officers and family members on federal holidays, Easter and the Air Force birthday
- All members on official duty engaged in flight operations as a crew member or as a passenger
- requiring a flight or snack meal On-duty civilian food service contract workers
- Spouses and dependent children of active duty E-l through E-4 • Members and chaperones of
- organized nonprofit youth groups • Dependents of service members deployed in support of overseas operations during special

"The mission of the 7th Services Squadron is to provide unparalleled services to Team Dyess," said Tech. Sgt. Marina Moore, 7th Services Squadron food manager person. "It is always the fine cuisine that brings our customers

Anyone with further questions after reading the 7th Bomb Wing commander's dining facility policy letter posted at the Longhorn dining facility can call the 7th Mission Support Group commander's office at 696-2141.

**DYESS** 

7th Bomb Wing as of Tuesday



Monthly Flown Status









**DEPARTURE** 



317th Airlift Group as of Monday **FLYING** (TRAINING)

meals

Flown

Status

SORTIE **BOARD** 

WORLDWIDE Goal Current Rate **RELIABILITY 95% 85.8%** 



HOURS

599,3 602.9

WHEREVER THEY RUN...

Whenever they strike, we'll strike back harder.

forces of evil and Team Dyess will stand ready.

# ction Line 696-3355 or e-mail action@dyess.af.mil

 $The \ Action \ Line \ provides \ a \ direct \ line \ of \ communication \ between \ Col. \ Garrett \ Harencak, \ 7th \ Bomb \ Wing \ Action \ Line \ provides \ a \ direct \ line \ of \ communication \ between \ Col. \ Garrett \ Harencak, \ 7th \ Bomb \ Wing \ Action \ Line \ provides \ a \ direct \ line \ of \ communication \ between \ Col.$ commander, and the people of Dyess. People should always use their chain of command or contact the agency involved first. However, if the problem still can not be resolved, call 696-3355 or e-mail action@dyess.af.mil. Leaving your name and phone number ensures a personal reply by phone. The Peacemaker staff reserves the right to edit all Action Lines before publication. Not all Action Lines will be

To help address customer concerns try calling one of these base agencies for assistance:

Area Defense Counsel -- 696-4233 Base clinic (appointments) -- 696-4677 Base exchange -- 692-8996 Base locator -- 696-3098 Base operator -- 696-3113 Chapel -- 696-4224

Child development center -- 696-4337 Civil engineering -- 696-2253 Commissary -- 696-4802 Detachment 222, AFOSI -- 696-2296

Education office -- 696-5544 Family housing -- 696-2681 Family support center -- 696-5999 Finance -- 696-2274 Inspector General -- 696-3898 Legal office -- 696-2232 Lodging -- 696-2681 Military equal opportunity -- 696-4123 Military personnel flight -- 696-5722 Public Affairs -- 696-2864 Security Forces -- 696-2131 TRICARE -- (800) 406-2832

> **Air Force Portal** www.my.af.mil

# We 'Train to fight'

By Col. Jeff Beene

7th Operations Group commander

The 7th Bomb Wing is an incredible combat unit composed of awesome Airmen and the world's most formidable bomber, the B-1 Lancer. Our Total Force team exists to put bombs on target -- anytime, anywhere. We employ long-range air power for the nation; always delivering deterrence, and always prepared to deliver the most lethal of effects if necessary. It is serious business requiring Airmen of incredible capability who are fully prepared to deliver the ultimate sacrifice that comes with military service when we swear to support and defend the Constitution. As this wing and its predecessors have done since World War I when called on, we will execute with relentless fervor and deliver decisive air power. That's how we got and keep our wing motto: 'Mors Ab Alto' -- death from above.

Two weeks ago, Col. Bud Redmond, our vice wing commander, introduced the Principles of War as basic truths that we can use every day to prepare us to fight and win. Central to warfighting preparation is training. We desire to train like we fight because, as Colonel Redmond pointed out, "we will fight like we train." The Airmen of the 7th Bomb Wing must unceasingly train to our wartime mission, because, when called on, we will fight as we have trained. And we want that fighting to be relentless.

Developing Airmen is one of our Air orce core competencies and it includes training. We train on multiple levels -individual and unit; tactical, operational and strategic, to prepare for war. For this commentary I want to focus on tactical training, or what is referred to in Air Force doctrine as Tactical Level Force Development. However, the points I want to make are applicable in any context. While not all-inclusive, I believe there are some common elements of training that contribute to warfighting success. I'll use



Col. Jeff Beene

the acronym TRAIN to provide some structure: Teamwork, Realistic, Aggressive, Integrated, and Normal.

First, teamwork. We need to train as a team because we fight as a team. While the well-trained individual Airman is the starting point, we always seek to create a warfighting team, whether it be the crew, flight, squadron, group, wing, or the theater Air Component Command. We bring our great Airmen together for synergy in teams. We build trust and confidence in our warfighting Airmen by training as part of a team.

Second, realistic training is best. You've heard this discussed countless times by numerous warrior leaders, and it can't be overemphasized. From the classroom to the cockpit, we need to be about providing and enhancing realism in our training. As we train for future deployments, you can witness realism in everything from planning the type of weapons to practice with, to exercise development, to operations and maintenance organizational changes, to the types of units we train with. As an example, the Operations Iraqi and Enduring Freedom missions require oncall air power for ground units. To ensure we can meet that requirement, we seek every avenue to exercise critical elements in our daily training -- everything from satellite communications equipment to exercising with ground-based terminal air

controllers in a close air support environcombat we need to strive for realism in our training and fully account for those or portrayed.

Next, training needs to be aggressive. lack of adherence to safety, but assertive, LeMay once said, "I don't mind being the tough guys who lead the survivors." One does not have to delve too much into to understand that General LeMay believed in aggressive training regimens focused on clear objectives. Objectivebased training is a start-to-finish approach that ensures our Airmen and units get the feedback they need to improve. When our plan, execution and debrief are driven by mission-focused objectives, we can be assured our training is aggressive and will make us better warfighters.

Integration provides the right context -most importantly mission context. Whether as a building block to perfecting a tactic or determining how we bring everything together to execute a force package as part of an air tasking order, we strive to be an integral part of a larger effort designed to win. Our large force

Let there be no mistake -- we are winning the global war on terror and Team Dyess is at the forefront. Whether it is the critour B-1s or the excellence brought by our people, we are removing the threat of terrorism by its roots and building the foundation for enhanced national and international security. We have

7th Bomb Wing commander

Has it been worth it? The numbers should speak for themselves. In Afghanistan, free presidential elections are coming next month and parliamentary elections are coming in the spring. The United Nations reports that over 10 million Afghanis are registered to vote, and 41 percent of those registered are women. In Iraq, even as we remain committed to restoring security and stability, the interim government is preparing for elections in January. Meanwhile, thousands of Iraqi people, crucial to their own security, continue to step forward to join the new Iraqi security forces. The overwhelming majority of Iraqis want to rebuild their country and defend it from the fringe groups bent on tearing it apart. Team Dyess will continue to support them at our leaders' behest to the utmost of our abilities.

**COMMANDER'S CORNER** 

...we're chasing them. Wherever they hide, we'll find them.

ical airlift provided by our mighty Herks, the lethal strikes of

had success in areas like Iraq, Afghanistan and the Horn of

Africa, but there remains much more to do to combat the

This battle between tolerance and extremism requires we all engage. From the Airman in the cockpit to the Airman on sentry duty, we each have a critical job to do. Every man and woman on Dyess Air Force Base is vital to our mission – during a time of streamlining and cutbacks, if you weren't essential you wouldn't be here. Take pride in your work and remember -- your country is counting on you.

"As this wing and its predecessors have done since World War I when called on, we will execute with relentless fervor and deliver decisive air power. That's how we got keep our wing motto: 'Mors Ab Alto' -- death from above."

> Col. Jeff Beene 7th Operations Group commander

ment. In order to successfully prepare for things that cannot be adequately depicted

Not in the sense of aggressive behavior or purposeful and demanding. General Curtis called tough, since I find in this racket it's the history of the Strategic Air Command

Fourth, our training must be integrated.

exercises are great examples of integration. For the Air Force, this is Red Flag. For the Navy it is the Joint Fleet Exercise. For the Army it's the National Training Center. We use exercises such as these and other joint and combined exercises as part of an integrated effort to be better able to execute a wartime mission.

Lastly, our training should be normal. Not normal in the sense of routine, but in the sense that the training we aspire to prepare us to fight is a normal part of who we are -- a part of our culture as professional, disciplined Airmen. In our culture, individual and unit readiness is the norm. It is our way of life because it provides the path to victory; therefore we constantly seek to train.

The Block E B-1 we are training with today is the most lethal and flexible bomber ever known, capable of delivering up to three different weapons types on a single mission against 24 to 30 targets. The 7th Bomb Wing will be the first to the fight with this capability in any upcoming deployments in support of the global war on terror. Let no one doubt we are the best qualified to do this because of a single principle element: our Airmen, highly trained and motivated. You are the best and you have proven time and again that you are the force of choice. As Colonel Harencak says, "you bring 'death from above' to America's enemies." I encourage you all to TRAIN to that end.

# Leadership, Mentoring go hand in hand

By Master Sgt. James Jarvis

436th Training Squadron

As I sit and dwell on the two terms of leadership and mentorship, many definitions and examples come to mind. However, what stays at the forefront is that they are dependent terms -- one cannot be used without the other.

From my first day in the military some 18 years ago, I've had many leaders who shaped me into a productive member of the United States Air Force. Many supervisors have taught me much about this great Air Force's way of life, but I now realize they were merely providing basic leadership and mentoring.

Also, when I reflect back, I realize that it was not just my supervisors who mentored me, often times it was my peers as well. Because of this, I now know that it is everyone's responsibility in the Air Force to provide leadership and mentoring in one aspect or another, as many lessons can be learned for those who wish to listen.

From the lowest ranking airman to the highest general, we all bear a duty to exercise leadership attributes as faithful members and servants of our great nation. This concept of servant leadership can even be seen in nature if one takes note when a flock of geese flies overhead. Upon close observation, one should notice they are not just flying north or south without purpose, but are flying as a unified and highly functional team. This is true because as they travel, they are constantly communicating to one another during flight.

According to Ken Blanchard, the well-known author of One Minute Manager, these geese are not just talking to each other, they are cheering each other on and allowing

others to take the lead as they make their daunting journey over thousands of miles every year.

As this concept sounds relatively simple, all Air Force leaders should take note and apply these very same concepts within their respective organizations. As we focus on the people within our units, we should provide them encouragement and motivation when needed. By doing so, we will help assure our unit's high level of functioning and productivity necessary for excellence in mission accomplishment.

Leadership and mentoring isn't so much about telling or directing other Airmen, rather it's about setting the right example and encouraging others to perform at their best. By doing so, we will often take the time to promote those in the organizations and work centers who have stood out and truly deserve rewards of recognition and responsibility when worthy of such praise and applause.

As these basic principles take hold within our organization, increased productivity and a spirit of camaraderie will prevail, resulting in an outpouring of excellence in our units. From my experiences, it is this type of leadership and mentoring that will have long-lasting effects even after the leader has departed.

As I close my thoughts on this subject, one appropriate quote comes to mind --"Leadership can be defined as an abominable snowman, whose footprints are everywhere and nowhere to be seen."

As you are digesting this quote, also note that the word mentorship can be interchanged with the word leadership, because often, it's what's been left behind in the form of mentoring that's more important than the leadership concept at the time.



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# 20 Dyess Airmen receive non-judicial punishments

By Staff Sgt. Narda Martinez Dyess Legal Office

and August. subsequently administratively dis-failure to go. charged.

released.

In each Article 15, the member's the punishment based on individual obey a lawful order or regulation. circumstances. These circumstances service member.

listed here. When punishment is sus- marijuana. pended, it does not take effect unless

An airman received a reduction to in a reckless manner. The airman vio- Article 96 -- failure to go. lated Article 92 -- dereliction of duty and Article 111 -- reckless driving.

duty for departing base while on Article 86 -- AWOL. restriction. The airman violated Article 92 -- dereliction of duty.

ture of \$150 pay and a reprimand for failing to go to an appointed place of failure to go.

An airman received a reduction to airman basic, suspended forfeiture of \$596 pay for two months and a repri- officer. mand for failing to go to an appointed intoxicating liquor. The airman violat- 30 days restriction to the base for 134 -- fleeing the scene of an accident.

ed Article 86 -- failure to go and Article underage drinking and fleeing appre-134 -- drunkenness.

An airman first class received a sus-Twenty-six Dyess Airmen received pended reduction to airman basic, for- resisting apprehension. Articles 15 during the months of July feiture of \$596 pay and a reprimand for Some or all of these members were duty. The airman violated Article 86 --

Names of Article 15 violators are not reduction to airman, 30 days extra duty 92 -- failure to obey a lawful order or and a suspended forfeiture of \$500 pay regulation. for failing to obey a lawful order. The

included the nature of the offense, the reduction to airman basic, seven days record of the service member, the need extra duty and 30 days restriction to for good order and discipline and the base for two specifications of failing to reduction to airman and 30 days effect of nonjudicial punishment on the go to an appointed place of duty, one restriction to base for unlawfully enterspecification of disrespect toward an ing someone's home. The airman violat-Individuals with prior misconduct officer and one specification of wrongusually receive more severe punish- ful use of marijuana. The airman viooffenses may vary based on factors not and Article 112 -- wrongful use of

An airman first class received a susand 14 days restriction to base with false official statement. seven days suspended for two specificaairman basic and 21 days restriction to tions of failing to go to an appointed reduction to airman basic and 14 days base for underage drinking and driving place of duty. The airman violated extra duty for wrongfully distributing

pended forfeiture of \$747 pay, five days substance. An airman basic received 30 days extra duty and a reprimand for absence

extra duty and 30 days restriction to liction of duty. An airman first class received forfeibase for sleeping on duty. The airman

duty. The airman violated Article 86 -- reduction to airman for disrespectful marijuana. The airman violated Article officer. The airman violated Article 91 - stance. - disrespect toward a noncommissioned

place of duty and overindulgence of airman basic, 30 days extra duty and accident. The airman violated Article

hension. The airman violated Article 92 -- dereliction of duty, and Article 95 --

A senior airman received a suspendfailing to go to an appointed place of ed reduction to airman first class, 30 days extra duty with 15 days suspended and a reprimand for failing to obey An airman first class received a an order. The airman violated Article

An airman first class received a suscommander considered the offense and airman violated Article 92 -- failure to pended reduction to airman basic for two specifications of failing to go to an An airman first class received a appointed place of duty. The airman violated Article 86 -- failure to go.

An airman first class received a ed Article 134 -- unlawful entry.

A senior airman received a reduction ment than first-time offenders. lated Article 86 - failure to go, Article to airman first class, 45 days extra Therefore, punishment for similar 89 -- disrespect toward an officer duty and a reprimand for dishonorably failing to maintain sufficient funds and making a false official statement. The airman violated Article 134 -- making a other misconduct occurs, generally pended reduction to airman, 14 days worthless check by dishonorably failing within six months following the Article extra duty with seven days suspended to maintain funds and Article 107 --

> An airman first class received a marijuana. The airman violated Article An airman first class received a sus- 112 -- distribution of a controlled

An airman first class received a restriction to base and 30 days extra without leave. The airman violated reduction to airman and suspended 14 days extra duty for underage drinking. An airman basic received 30 days The airman violated Article 92 -- dere-

> An airman first class received a violated Article 92 -- dereliction of duty. reduction to airman basic and 14 days An airman first class received a extra duty for wrongfully distributing language toward a noncommissioned 112 -- distribution of a controlled sub-

An airman received a reduction to airman basic, 15 days extra duty and a An airman received a reduction to reprimand for leaving the scene of an

# Officials remind Airman to vote

By Airman 1st Class James Kang **Dyess Public Affairs** 

With only 39 days left until the presidential election, Dyess voting officials remind Airmen of the importance of registering to vote.

Capt. Frank Fischer, the 7th Bomb Wing installation voting officer, can be reached at

Federal application forms can be obtained through several channels. Each squadron has a voting assistance officer to assist with completing the form and other voting concerns.

The federal post card application form serves

as a simultaneous application for voter registration and an absentee ballot. Citizens should send in a new FPCA each time they move. Ballots should be requested at least 60 days prior to the election to ensure enough mail transit time.

Even in states where laws clearly define criteria for determining voting residence, the final determination is up to each local election official. If a person is uncertain about their current legal voting residence, they should consult legal

Here are some steps to ensure your absentee vote is counted:

- Contact the base voting assistance officer for help in absentee registration and voting.
- Visit the Federal Voting Assistance Program's Web site at www.fvap.gov for information on absentee registration and the voting process
- Ensure you have applied for an absentee ballot using the hard copy or online versions of the federal post card application.
- Make sure your local election official has your current mailing address.
  - Sign and date all election materials.
- Fulfill your state's witness and notary requirements.
- Ensure your ballot or postcard application is postmarked.
- Register to vote and request your ballot in a timely manner, not later than this month.
- Vote by mailing your ballot no later than

Oct. 15.

• Use the federal write-in absentee ballot if you're overseas and your state absentee ballot doesn't arrive in time to be mailed back by the state's deadline.

# The race is on for most on-time takeoffs in Sept ...

...for the 7th Bomb Wing

**Tail No. 5073 Tail No. 6117 Tail No. 6108** TSgt Ricky Jones SSgt David Holland SSgt Rufus Franklin SrA David Frisk SSgt Gregory Flannery SSgt Robert Landrith

...for the 317th Airlift Group

**Tail No. 1689 Tail No. 1669 Tail No. 1666** SSgt Benjamin SSgt William Taylor SSgt Travis Morin Comer SrA James Poe SSgt Dwain Enes A1C Orion O'Neil A1C Michael A1C Raymond Bartlett A1C Brian **McCrary** Fleischmann 10 10

# Twins stick together, even on deployment

by Capt. Shellie L. Russell 332nd Air Expeditionary Wing Public Affairs

BALAD AIR BASE, Iraq -- For the past month, people in Iraq have been seeing double duty, but family and friends of Staff Sgts. Sharon and Lerinda Carle have been seeing double for 22 years.

Ever since these identical twins joined the Air Force two weeks after graduating from high school in Silverton, Idaho, their careers have mirrored each other. They went to basic training at Lackland Air Force Base, Texas, followed by technical school at Fort Leonard Wood, Mo., for their identical vehicle operator/dispatcher specialty.

After technical school, they finally did something different -move apart. While Lerinda headed east to the 43rd Logistics Readiness Squadron at Pope AFB, N.C., Sharon took a hop across the Atlantic to join the 31st LRS at Aviano AB, Italy.

Although they kept in contact, it took a war to physically bring them back together. And, it is just like they were never apart.

"I remember when we first found out (Sharon's) sister was coming in to replace us," said 1st Lt. Gina Ortiz, executive officer for the 2632nd Air Expeditionary Force Truck Company and deployed from Grand Forks AFB, N.D. "It was right around the time we were sending our first group of troops home. We asked her if she would like to go home, and she said, 'No! I want to be here for my sister."

Sharon arrived in Balad in late March following more training at Fort Leonard Wood and live-fire training in theater. Although she could have been assigned as an Airman-Soldier providing security for convoys, she is quite satisfied that her duties have kept her "inside the wire."

"My family and fiancé are relieved," she said.

This is Sharon's first deployment to Iraq. The hardest part has been missing her fiancé, Staff Sgt. Jeffrey DesJardins, who is deployed to Afghanistan. They have been engaged since Jan. 22, but she has not met his family because her deployment training began in February. Lerinda has not met Sergeant DesJardins either. The first time they will meet may be at the wedding, which has been postponed until Lerinda returns from her deployment sometime next spring.

Lerinda is just starting this deployment, but she had already done a deployment in Iraq last



BALAD AIR BASE, Iraq -- Staff Sgts. Sharon and Lerinda Carle joined the Air Force two weeks after graduating from high school in Silverton, Idaho. They are currently deployed together in Iraq.

year. The hardest part for her is first birthday last year when she missing her 2-year-old daughter, MaKayla.

"I worry she won't remember me," Lerinda said.

She missed MaKavla's birthday during pre-deployment training this summer and missed her

was deployed to Kirkuk Air Base.

The twins said they are interested in retraining. Do not be surprised to see this mirror image in the same Zip code again soon -- both want to get into the medical field and become nursing assistants.

# Airmen remain in control of their futures

by Airman 1st Class Sarah McDowell

325th Fighter Wing Public Affairs

TYNDALL AIR FORCE BASE, Fla. -- In spite of the Air Force's force-shaping measures, Airmen are learning they remain in control of their futures, even in over-manned career fields.

There are choices for those whose re-enlistments are coming up soon: retrain, join the Guard or Reserve, join the Army with "Operation Blue to Green" or separate, officials said.

"Any Airman in an over-manned career field needs to start looking at his [or her] options now, retraining being first," said Senior Master Sgt. Jeffrey Kahapea, 325th Fighter Wing career-assistance adviser.

Airmen who think they are safe and will not be affected by force shaping will have it the hardest, because they have not planned for their future, he said.

There are 29 over-manned career fields,

and out of those, 1,259 first-term Airmen have not received a career-job reservation, said Master Sgt. Dee Wolfe, Air Force Personnel Center noncommissioned officer in charge of personnel actions at Randolph Air Force Base,

Airmen will not be allowed to re-enlist without a CJR unless they have been selected for special duty or retraining, she said.

Therefore, Airmen in over-manned specialties applying for special duty are only safe for the time they serve that special duty since they still hold the same specialty code, said Staff Sgt. Clinton Minor, the center's NCO in charge of retraining.

These choices are part of the planning process for those who know they need to retrain, Sergeant Kahapea said. But for those who choose not to plan, Air Force officials will give them two choices: Either retrain into what the Air Force needs or get out.

"We will try our best to get Airmen in jobs comparable to their current field," Sergeant

Kahapea said.

When it comes to new opportunities, there are many choices for Airmen. Most can retrain into security forces and aircraft maintenance, but there are many more under-manned fields such as logistics planners, linguists and airtraffic controllers.

There are also many special-duty options, such as enlisted aircrew, from boom operator to flight engineer, loadmaster and flight attendant. Also, there are spaces available in the Air Force Office of Special Investigations, as well as a need for recruiters and military training instructors.

The Air Force has also changed the way it handles its business when it comes to recruiting and training.

"This initiative has changed our job as career-assistance advisers from retention specialists to force shapers," Sergeant Kahapea said. "The bottom line is Airmen have control over their career now, as long as they start planning as soon as they are notified."

# Servicemembers need to heed Hatch Act rules

WASHINGTON -- As the election season swings into high gear, the U.S. Office of Special Counsel has filed complaints against two federal employees deemed in violation of the Hatch Act.

The complaints address the use of "politically partisan electronicmail messages while on duty," OSC officials said.

The Hatch Act regulates DOD employees' servicemembers" participation in politics. The recent violations focus on e-mails sent to about 15 recipients in one case and more than 70 in the other.

"The use of Internet and electronic mail is second-nature to almost everyone and has become a favorite and effective campaign tool, even more so perhaps than four years ago," said Scott Bloch, OSC head. "I want to remind federal employees to be vigilant about following the Hatch Act, because we will consider this activity a form of electronic leafleting and a violation of the prohibition on partisan political activity in the workplace."

Partisan political activity is defined as activity directed toward the success or failure of a political party or candidate for a partisan political office or partisan political

Participation in politics is not completely forbidden; however, active-duty military and executivebranch employees need to be aware of the rights and restrictions that the Hatch Act imposes on such activity. What is allowed and disallowed can be a bit confusing.

Servicemembers are under the

most restrictions. They may attend political meetings or rallies, but only as spectators and not in uniform. They are not allowed to give political speeches, serve in any official capacity in partisan groups or participate in political campaigns or conventions. They are also not generally allowed to campaign for political office.

The Hatch Act prohibits federal executive-branch employees from engaging in political activity while on duty or wearing an official uniform, officials said.





## Second Career

A "Teaching as a Second Career Seminar" will be held Oct. 6 from 2 p.m. to 4 p.m. in the Base Education Office for all Dyess personnel interested in becoming a teacher. Information will be provided on the new Spouses to Teachers program, as well as the Troops to Teachers program. All are welcome to attend. The seminar is located at building 7232, 425 Third Street, third floor. The operational hours for the base training and Education Services Flight Test Office will effectively change Friday. All morning test sessions will change the start time from 8 a.m. to 8:30 a.m. The afternoon test sessions start at 12:30 p.m. For more information, call the education office at 696-5544.

## Air National Guard

Staff Sgt. Michelle Torres, the Dyess Air National Guard liaison, will be on base every other Thursday and Friday from 8 a.m. to 4:30 p.m. in the Military Personnel Flight building, room 328. She will conduct ANG Palace Chase briefings 2 p.m. Thursdays at the MPF building in room 204. For more information, call Tech. Sgt. George Miller. at 696 2383.

# Chief's CFC golf tournament

The Dyess Chief's Group will be holding a golf tournament to raise money for the Combined Federal Campaign today at the Mesquite Grove Golf Course.

Sign-in began at 7 a.m. with an entry fee of \$45 per person. The fee covers green fees, cart, range balls and lunch.

Entries are limited to 32 teams on a first-come, firstserve basis.

To sign up, or for more information, contact Chief Master Sgt. David Vinson at 696-8474.

# Stars and Bars

The Dyess Company Grade Officers Counsel hosts the 12th Annual Stars and Bars Formal Dinner Oct. 8 from 6 to 10 p.m. at The Heritage Club. The event will feature Maj. General Christopher Kelly, Air Mobility Warfare benter commander, and offer chicken burgundy or sliced london broil au jus for dinner. For entertainment there will be the Air Force Band of the West, "Top Flight" and "Salute to Those Deployed" multimedia presentation. The uniform for the event is mess dress and the cost is \$25. Care packages will be sent as part of the event. Donations of hard candy and singleserving snack foods are accepted. For more information, call Capt. Jennifer Hatzfeld, at 210-652-4027, or Capt. April Cantwell at 210-652-5956.

# **Family Picnic**

The local chapter 1056 of the Air Force Sergeant's Association will be celebrating with family picnic Saturday at the Veterans of Foreign War Post in the fenced playground and picnic area. Anyone is welcome to attend. Hamburgers, hot dogs and drinks will be provided. In addition a jumping castle, games, a dunking booth, karaoke and a disc jockey will be provided for entertainment. The cost is \$1 per person or bring a covered dish. There will be a 50/50 pot drawing and large door prize provided by First Command. For more information, call Master Sgt. Nancy Vallance at 696-5524 or call Christy Miller at

# **TEAM DYESS**

# Warrior of the Week

# Senior Airman Sarah Corrigan

**Unit:** 7th Operations Group

Job title: Information manager

**Job description:** I fix computer problems and make sure they are kept up and running. I also track enlisted and officer performance reports and award packages.

Time in the Air Force: Four years

**Time at Dyess:** One year, four months

Hometown: Temple, Texas

Family: Husband, Peter; daughter, Ariana.

Career goal: To own my own business.

**Most rewarding job aspect:** Seeing people happy for something I accomplished. **Favorite thing about Dyess:** The childcare providers at the Child Development Center are great and I can trust them with my child anytime.

**Favorite thing about the Air Force:** My favorite thing about the Air Force is the fact that we are provided many benefits, such as healthcare and college tuition assistance

**Favorite Air Force memory:** When I was stationed in South Korea, I took a trip to the Demilitarized Zone. It was very interesting to see and a little scary as well. I was probably about 10 to 15 feet away from the North Korean guards.

(Editor's note: The Dyess Warrior of the Week is selected by unit squadron commanders, first sergeants or supervisors on a rotating squadron basis.)



Airman 1st Class Kiley Olds

# Joint Force



Photos by Airman 1st Class Kiley Olds
Patrolman Adam Lopez,
Abilene Police Department Special Weapons
and Tactics sniper, monitors an exercise hostage
situation unfolding in
base housing Wednesday.



By Capt. David May Dyess Public Affairs

Dyess Public Aπairs

While Abilene and Dyess first responders work together in emergency situations, it's not often they get to train together too.

Abilene city fire and police departments, with their base counterparts, trained together Wednesday during two scenarios.

The action began in the morning when a simulated release of chlorine gas in the base fitness center incapacitated several individuals. The people had been identified previously by the exercise evaluators and told to react as if injured or dead.

When the base fire department responded, they requested Abilene fire department support and several off-base ambulances.

"We have a mutual aid agreement with the city," said Mr. Floyd Jones, Deputy Fire chief for Dyess. "Whenever we do get to train together, skills and knowledge are traded back and forth between departments. It makes for a stronger relationship."

As the fitness center emergency developed, another took shape. A hostage had been taken by "terrorists" from the fitness center and brought into base housing. Dyess security forces surrounded and quarantined the area, but brought in the Special Weapons and Tactics team from the Abilene Police Department to handle the up-close work.

"There was very good cooperation between Dyess and the SWAT team," said Lt. Mark Moore, APD SWAT team commander. "The joint command and control worked well."

With the team in position, a city hostage negotiator was also brought in to help.

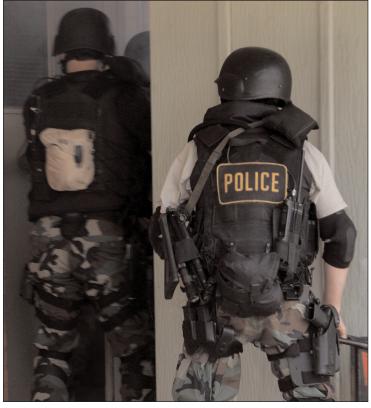
Eventually the situation broke down and the SWAT team backed by Security Forces stormed the house, neutralized the mock terrorists and saved the hostage.

"This type of training with our community partners is hugely important as we prepare for emergencies," said Col. Bud Redmond, 7th Bomb Wing vice commander. "The level of support we receive from (Abilene) is great and always appreciated."

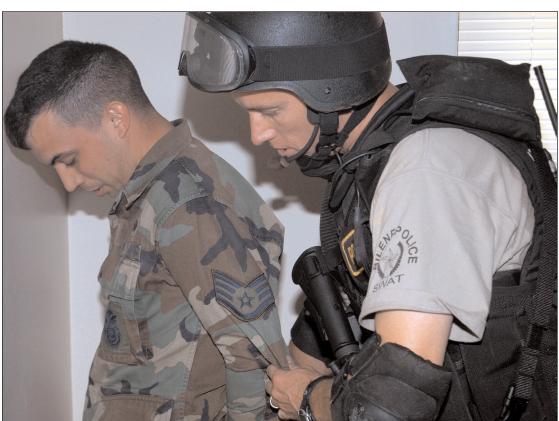




Patrolman Marc Valentine, an APD SWAT entry team member, questions a handcuffed Staff Sgt. Aaron Cawthon, Security Forces. During the hostage crisis scenario, Sergeant Cawthon played the role of a hostage, but Patrolman Valentine still treated Sergeant Cawthon as a potential threat until his story could be verified.



(Above) Maj. Christopher Corley, 7th Security Forces Squadron commander, confers with Lt. Mark Moore, APD SWAT commander, about the best way to enter a house where an exercise hostage situation was taking place. (Left) Members of the APD SWAT team storm the house where "terrorists" were holding a hostage.



# Community Briefs

## **Football Frenzy**

The Hangar Center hosts "Football Frenzy" National Football League kick off Sundays at 12 p.m. and Mondays at 8 p.m. at the Hangar Lounge. Doors open 30 minutes prior to game time. Drinks and snacks will be available for purchase. For more information, call Willie Cooper at 696-4305.

## AAC meeting

The next Airman Advisory Council meeting is 3 p.m. Wednesday in the enlisted club meeting room at The Hangar Center. For more information, call Airman 1st Class Rachel Trevino at 696-1407.

## Wrestling Pay-Per-View

The Hangar Center will broadcast World Wrestling Entertainment's "No Mercy," Oct. 10 at 7 p.m. Doors open at 6 p.m. and cost is \$5 per person. Drinks and snacks will be available for purchase. For more information, call Willie Cooper at 696-4305.

## Blazin' in the Park

A large bonfire is being held Oct. 23 at 6 p.m. in the Dyess picnic area located by the clinic. Music, food and other activities will be provided at the event. For more information, call at 696-4305.

## Membership drive

The Club Membership Drive is underway and will run through Nov. 30. The squadron or organization with the largest percentage increase of members has a chance to earn up to \$300 in club credit during the annual Air Force membership drive. Register your squadron or group to participate and earn club credits for future events. For more information, call 696-2405.

## Physician Assistant Program

The Physician Assistant program selection board will begin March 22. Only active duty enlisted Air Force members are eligible for this program. Applicants must submit their applications, through the local Military Personnel Flight, to HQ AFPC/DPAMW, no earlier than Oct. 1 and no later than Jan 28. Send applications to: 550 C Street West STE 27, Randolph AFB, TX 78150-4729. For more information on the program, call William Phillips at 696-5545.

## Dyess Thrift Shop

The Dyess Thrift Shop is open to all Dyess families. Store hours are Tuesdays and Thursdays from 9 a.m. to 2 p.m. and the first Saturday of the month from 10 a.m. to 1 p.m. Consignments are accepted on open days from 10 a.m. to 1 p.m. It is located at 382 4th Ave. For more information, call 696-8203.

## Outdoor recreation

- ◆ Outdoor recreation has a dunking booth available for rent. The cost is \$50 per day.
- ◆ Oct. 30 Sky Diving -- Outdoor recreation is taking sign ups now for a sky diving trip on Oct. 30. The cost is \$200 which includes transportation, a professional jump instructor, the jump from 10,000 feet and a commemorative video of the actual jump.

For more information on these and other activities at outdoor recreation, call 696-2402

Information, Tickets and Travel

- ◆ The ITT office has Texas Rangers baseball tickets available as well as special rates for Carnival Cruises. Dates. ports and costs vary for each travel package.
- ◆ Trip to October Fest in Fredericksburg, Texas Oct. 2. Cost is \$12 for adults and \$10 for children. A bus will leave the Hangar Center at 6 a.m. and will return around 11 p.m.
- ◆ Hurricane Harbor tickets are available for \$16. For more information on these and other activities available through ITT, call 696-5207.

# Auto skills center

◆ Auto skills is offering a special fuel injection cleaning in September. The cost is \$49.95 and includes parts and

For more information on this and other activities at the auto skills center, call 696-4179.

# Voting registration

General elections are approaching and Air Force voting officials remind everyone to register to vote. Deadlines and state-specific rules on voter registration can be found on the Federal Voting Assistance Program Web site at www.fvap.gov. For more information about voting at Dyess, call Capt. Frank Fischer at 696-2301.



# Air Force Birthday

Col. Garrett Harencak, 7th Bomb Wing commander, Airman Duran Craig, 7th Equipment Maintenance Squadron, and Airman 1st Class Mark Collins, 7th Security Forces Squadron, cut the Air Force Birthday cake Sept. 17 at the Longhorn Dining Facility. On Sept. 18, 1947, 57 years ago President Harry Truman established the Air Force as a separate service when he signed the National Defense Act aboard the "Sacred Cow."



The Dyess Theater is located next to the main exchange. Patrons must have a valid identification card and may sponsor guests. Admission for adults is \$2, children 6-12 years old are 99 cents, and children ages 6 and younger are admitted free. G-rated movies are 99 cents for kids ages 2-12. For more information, call 696-4320.

Friday at 7 p.m.

The Princess Diaries 2 -- Anne Hathaway, Julie Andrews, Hector --Mia (Anne Hathaway) is ready to assume her role as princess of Genovia. As if getting ready to rule wasn't enough, the stakes for Mia have never been higher -- with Genovian law stating that princesses must be married before being crowned, Mia's in for a parade of suitors who'd all like to be her king.

G (humorous situations)

# Saturday at 2 p.m.

Yu-Gi-Oh: The Movie --Green, Eric Stuart, Scottie Ray --Based on the trading card and television series phenomenon, Yu-Gi-Oh! is the story of Yugi, a boy captivated by the card game sweeping the nation: Duel Monsters. It's up to Yugi and friends to conquer their most powerful foe yet, Anubis, before the planet is buried in the sands of time.

PG (combat and monster images)

# Saturday at 7 p.m.

Collateral -- Tom Cruise, Jamie Foxx, Mark Ruffalo -- A cab driver learns that his current fare is a hit man that wants him to drive around from mark to mark. When the cabbie finally figures out the whole truth, he must stop the assassin's plan.

R (violence and language)

# Sunday at 2 p.m.

The Princess Diaries 2

# **Coming Attractions**

- ♦ Oct. 1, 7 p.m. -- Alien vs. Predator ◆ Oct. 2, 2 p.m. -- Without a Paddle
- ◆ Oct. 3, 7 p.m. -- Open Water



# Dyess Chapel 1

**DOWN** 

2. Region

3. Carpe

(WW II)

8. Ring result

ient 2Lt John C.

ient Maj. Richard I

ient Maj. Bernard F. (Vietnam)

20. Cardinal great Musial

22. Expression of surprise

launching, landing aircraft

26. AF person responsible for

27. Airman Medal of Honor recip-

ient Lt. Col. James H. \_\_\_ (WW

28. Basic building block of man?

31. Airman Medal of Honor recip-

32. Region that includes Saudi

38. Airman Medal of Honor recip

41. Ruler of Muslim land, espe-

West; actress known for

\_-up; improved, as in

\_\_ (WW II)

\_\_ (WW II)

29. Actor Johnson of Nash

ient Maj. John L. \_\_

Arabia, Iran, Iraq, etc.

sultry stage persona

ient 1Lt Jack W. \_

car engines

23. MasterCard rival

24. Capital of Norway

17. Droop

21. Cleft

Bridges

4. Dramatize

seize the day

(WW II)

(VVVV II)

6. Airman Medal of Honor recipi-

10. Airman Medal of Honor recip-

12. Airman Medal of Honor recip-

13. Airman Medal of Honor recip

ent Brig. Gen. Frederick W.

7. Army comm. source

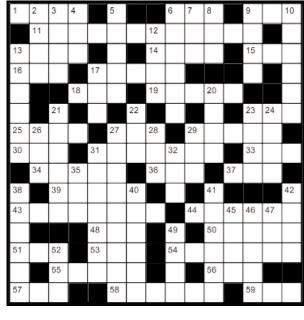
9. St. Louis landmark

Catholic: Reconciliation starts at 4:15 p.m. Saturday followed by Mass at 5 p.m. Sunday Mass is 9 a.m. Sunday School is 11 a.m at Dyess Elementary School. Daily Mass is at 11:30 a.m. Tuesday through Friday.

**Protestant**: Sunday School begins at 9:15 a.m. at Dyess Elementary School. Shared faith worship begins 11 a.m. Sunday. Gospel service starts 1 p.m. Sunday. Sunday Night Worship Service is from 4-7 p.m. A nursery and children's church are available at all services.

**Jewish**: For information about the times and places of Jewish services, call Capt. Matt Paskin at 370-1052.

For more information, call the chapel at 696-4224.



### **Airmen Heroes: Medal of Honor** recipients, Vol. II

# **ACROSS**

- 1. Art movement
- 6. Military bed
- 9. Appendage 11. Airman Medal of Honor recipient Capt. Edward V.
- 13. Distance measurement
- buco: Italian veal dish
- 15. Hound
- Penn movie Sam \_ words)
- 17. Aroma 18. British explorer John charted Canadian Arctic coast
- 19. Mirror 23. Strategist Karl
- Clausewitz
- 25. British title
- 27. Bomb that doesn't go boom?
- 29. Airman Medal of Honor recip-

- ient Maj. George A. 30. Roadway, in short
- 31. Airman Medal of Honor recipient Col. Leon W. \_\_ (WW II)
- 33. Stallone's nickname
- 34. Brief vivid portrayal or depic-
- 36. Bristles found on spikelets of grass
- Paulo, Brazil
- 39. Sandberg and Lewis 43. The physical attraction or
- joining of two substances 44. Airman Medal of Honor recip-
- ient 2Lt Lloyd H. \_\_\_ (WW II)
- 48. Lubbock, TX school 50. People who don't tell the
- truth
- 51. Beginning of British ships 53. Roddick's org.
- 54. Airman Medal of Honor recipient 2Lt William E. \_\_\_ (WW II)
- 55. Bewilder
- 56. Travel org 57. Pig's pen
- 58. American inventor of incandescent lamp
- \_ the Horrible 47. Previous to; before
- 49. Hebrew prophet of the eighth century BCE

cially in Ottoman Empire

45. Site of Great Pyramids

42. Former USA foe

**Answers on Page 15** 

# Caption Contest

# This week's photo (No. 26)

# The rules:

- 1. Write a creative, printable caption for this week's photo. 2. Email your entry by close of busi-
- ness Monday to peacemaker@ dyess.af.mil. Entries are limited to three per photo. 3. Entries must include the photo
- number and your name with your duty phone number. Contest winners are announced
- 5. All entries become the property of The Peacemaker.



dent: "Injury occurred when I accidentally hit my face against my supervisor's elbow.' The winner of the caption contest for the Sept. 17 issue of The Peacemaker is Patrick Clancy, 317th **Operations Support Squadron.** 



# 6 Dyess members participate in 8th Annual USAF marathon



Staff Sgt. Michael Brimhall (left), running the full marathon, approaches 19.5 miles after rounding the flight line at Wright-Patterson.

By 2nd Lt. Elizabeth Campanile

Dyess Public Affairs

Six Dyess members participated in the 8th Annual United States Air Force Marathon hosted by Wright-Patterson Air Force Base in Dayton, Ohio, Saturday, September 17, 2004.

More than 3.800 runners from

48 states and 10 foreign countries and about 2,000 spectators and 1,800 volunteers gathered for the historic event.

The first official marathon was held September 20, 1997, to celebrate the 50th Anniversary of the Air Force, and the race has since been held on the third Saturday in September to celebrate the Air Force's birthday.

Courtney Zimmerman, 2nd Lt. Josh Aldred, SSgt. Kenneth Beck, SSgt. Micheal Brimhall, SrA Jason Blair, and A1C Adriana Alverez-all from the 7th Civil Engineering Squadron. Also, Matthew Zimmerman helped represent the Dyess team. According to Alverez, the six

Dyess runners were supported by their squadron and by fundraisers the runners held in order to fund the trip. The team also wore matching T-shirts that displayed the Civil Engineering logo "Prime Beef." The team worked hard, said Alverez. "We started training in mid-May, and we ran over 400 miles together." Alverez, who finished second for the Dyess team, had a race time of 4:12:49. "I had a goal time, and I met that. I felt really good about that. I hope to beat it in the next one!"

The members ran together every morning for 18 weeks to prepare for the 26.2-mile race, but according to Aldred, who finished with a time of 4:41:21, "We did it as a team, and being part of the

The group consisted of 1st Lt. team boosts you when everyone is getting up at five in the morning. You want to be a part of that. That was the hallmark of the event."

> Other known "hallmarks" of the annual event include the marathon's navigation through historical places at Wright-Patterson Air Force Base including the United States Air Force Museum, the Air Force Institute of Technology, Headquarters Air Force Material Command, and the Wright-Patterson Air Force Base Flightline.

> "There was a lot of history there. We ran through the field where the Wright Brothers were testing the first airplanes, and a general greeted us at the finish line with ribbons bearing the F-117 on the medals," stated Aldred.

> The other members' race times were Beck, 4:25:13; Blair, 4:15:19; and Brimhall, 4:08:15.

> Alverez, Aldred, and the Dyess CES team plan to represent Dyess in the upcoming Freescale Marathon in Austin, Texas, in February as well as in next year's

**Team** Win-Loss 7 CES 8-2 7 CMS 5-5 7-2 7 LRS 7 AMXS 5-5 7 EMS 7 SFS 3-7 317 MXS 1-8 4-5 28/9/13 BS 7 MUNS 3-7

7 CS

Standings-

Soccer

American League (Current as of Sept. 17)



3-6

# Bowling

National (Week 3)

**Team** Win-Loss 7 MOS 0-24 Beer Time 11-13 7 EMS 18-6 **317 AMXS** 22-2 7 CS 14-10 7 SVS 14-10 7 AMXS #2 19-5 7 LRS 10-14 7 MDG 0-24 Blind 0-24 Team High Scratch Game: 7 AMXS #2, 850

Team High Scratch Series: 317 AMXS, 2578 Individual High Scratch Game:

Timothy Watson, 259; Mary Thompson, 173 Individual High Scratch Series: Frank Dawson, 681; Stephanie

Kraly, 532

# Air Force falls to SMSU, Army in soccer classic

ST. LOUIS -- Air Force Academy women's soccer (3-5-0) was unable to get a win against Southeast Missouri State University (4-2-0) and Army (2-6-0) during the Toys for Tots/Military Academies Classic Sept. 17 to 19.

In the opening game Sept. 17, SEM picked up a 2-1 victory over Air Force, with Emily Newsham putting home both goals for the Otahkians. Sept. 19, Army dominated the second half in claiming a 3-1 victory over Air Force. The Falcons out-shot the Black Knights 20-9, but Army keeper Rebecca Garcia was up to the task with eight saves in the game.

After playing to a 1-1 tie at the half, the Otahkians went on top in the 71st minute. Lisa Schweppe served the ball from the left side to

the far post where Newsham sent the ball to Air Force goalkeeper Jennifer Drew. Drew misplayed the save as Newsham rebounded and shot again to put the Otahkians ahead.

After neither team took control early, both netted goals late in the first period. Air Force struck first in the 38th minute off their fourth corner of the half. Betsy Eames sent the corner to the upper left corner of the box where the Otahkians failed to clear the ball. When keeper Amanda Wrzos failed to collect an errant header from a defender, the Falcons' Amanda Cleland was there to clean up and give Air Force a 1-0 lead.

The Otahkians knotted the game in the 44th minute. Alaina Lacopo played a short corner to Laura Hauskins who served the ball into the box. In a goal-mouth scramble, Newsham sent it past Drew to tie the game at 1.

After Air Force dominated play in the first half Sept. 19, out-shooting Army 9-3, the Black Knights' Ronee Farrell put up the first goal on a 40-yard bomb. Army was advancing toward the goal when Drew cleared the ball from the box. Farrell settled the clearance then drilled a shot into the upper left corner with under a minute left in the half.

Farrell made it a 2-0 game in the 56th minute. Leigh Kosco brought the ball up the left side and found Farrell making a weak siderun. A pinpoint pass led Farrell right toward the goal. Farrell's shot got by Drew, who was advancing off

her line, hit the cross bar and caromed in.

Kosco netted her own goal in the 77th minute when Emily Cook served her the ball on the left side of the box. With Drew closing in, Kosco did not have time to settle the ball and, instead, chipped it over Drew for the 3-0 cushion.

Air Force got a goal back in the game's final minute when a pair of Army backs were indecisive on a clearance. The ball found Erin Fitzpatrick on the left side who connected with Katherine Slogic for the goal.

Falcons Raegan McDowell and Taryn Nicolaides were selected for the classic all-tournament team.

The Falcons next play Sept. 25 against rival Colorado College on the CC campus.

# Academy water polo falls thrice at So-Cal Tournament

LOS ANGELES -- Despite some gutsy performances, the 18th-ranked Air Force Academy water polo team was unable to record a victory in the So-Cal Tournament, held by the University of Southern California.

The Air Force Falcons fell 12-1 in the first game to the USC Trojans on Sept. 18, before dropping a heartbreaker, 11-10, to No. 11 Loyola Marymount University in Game Two.

In its final game of the weekend Sept. 19, Air Force dropped a close game, 9-7, to No. 15 University of the Pacific in the 13th-place match of the tournament.

The Falcons faced a stiff challenge in the opening game of the tournament, taking on second-ranked host USC. The 2003 national champions were set on defending their home-pool advantage, capturing a 12-1 victory. Eight different Trojans scored against Air Force, led by Juraj Zatovic with three goals.

Despite the final score, Air Force saw some outstanding play from its senior captain, Jared Jones, as he tallied 11 saves in-goal against USC. Meanwhile, Murphey Morgan continued to lead the Falcons' offense, scoring the lone Air Force goal against the Trojans.

In Game Two, LMU built a 4-1 advantage in the first period, but a third-quarter surge by the Falcons tied the game at 8-8. However, LMU outscored Air Force 3-2 in the final stanza to hold off the Falcons, who had posted their highest single-game goal output of the season.

Jones recorded eight saves in just three periods of action. Goalkeeper Chris Nitzel added a save for the Falcons.

Meanwhile, senior captain Josh Jewett put together his best offensive performance of the season, recording four goals to pace Air Force. Morgan added two goals, while Matt Herrera, Clark Condict, Matt LeBlanc and Eric Swenson pitched in a score each.

Leading the way for the Lions was Endre Rex-Kiss, who tallied five goals, giving him 29 through the first seven games of the season.

In the final game of the weekend, after taking a 4-3 advantage into halftime, Pacific was able to outscore Air Force, 5-4, in the second half to secure the 9-7 vic-

Leading the way for the Falcons was top scorer Morgan who notched a trio of goals. Justin Perkins added a pair of scores, his first of the season, while Justin Berry and Herrera chipped in a goal each.

Jones capped off a solid weekend for the Falcons,

recording seven saves. The Tigers were led by Julian Gonzalez, Matt Turnbull and Adam Zobler, who each scored two goals, while Nate Bennett tallied seven saves.

The Falcons next play Oct. 1 when they travel to Pacific for a rematch with the Tigers.

# Sports Shorts

# **Busted Putter**

The "Busted Putter," an annual golf tournament that pairs members of Team Dyess with Abilene community and business leaders, is Monday at Fairway Oaks Country Club. Organizers will put together four-person teams, two from Dyess and two from the local community, to compete in a scramble format. Interested people can sign up with Lt. Col. Louis Martucci at 696-1932.

# **Health and Wellness Center**

The HAWC offers a variety of learning tools to assist with healthy lifestyle choices. There are several interventions related to the AF Fitness Program but there are several programs to assist with fitness that have been created for the family member. A Strength Training Class held once a month, can show a person how to do proper weight training with hands-on demonstration. During the Fitness Assessment: a Microfit Testing procedure introduces as series of tests to determine overall fitness level and includes body composition, strength, flexibility, and aerobic capacity. Finally, the General Nutrition/Exercise class offered once a month focuses on the basics of fitness and nutrition. Additional classes are available and three, state of the art, relaxation chairs with music CD's are available for rent. Additional offerings include:

◆ Cholesterol Class -- Once a month one-hour class that addresses the dangers of high cholesterol on the heart. Identifies lifestyle changes that can decrease cholesterol levels.

### ◆ Diabetes Education -- Once a month/4 hour class that looks at the disease process for diabetes along with practical ways to take control of the disease and decrease complications

- ◆ The Balancing Act -- Twice a month/1 hour class that looks at balancing the stressors of work and home
- ◆ Tobacco Cessation -- Call center program through the American Lung Association: includes weekly calls to a nicotine addiction specialist (Includes Nicotine Replacement Therapy and Zyban if eligible) 1-800-548-8252
- ◆ Individual Counseling -- Regarding Prevention with exercise, nutrition, stress management
- ◆ Health Promotion Literature on various topics

# Fitness center, health club

- ◆ The hours of operation for the new fitness center are Monday through Friday 5 a.m. to 1 a.m.; Saturday, Sunday and holidays from 7 a.m. to 10 p.m.
- ◆ The fitness center pool is for lap swimming or physical fitness. Minimum age to use the pool is 16. Normal hours of pool operation, are Monday through Friday, 6 a.m. to 9 a.m., 11 a.m. to 2 p.m. and 4 to 9 p.m. Saturday the pool is open from 9 a.m. to 2 p.m. and Sudays from noon to 3 p.m.
- ◆ The following classes are all free and held at the new fitness center: Abs -- Monday, Wednesday and Friday from 12:15 to 12:45 p.m., and Tuesday and Thursday from 6:45 to 7:15 p.m.; Fitness improvement -- Monday, Wednesday and Friday from 6:05 to 7:05 a.m., and 4:30 to 5:30 p.m.; Step Interval - Tuesdays from 5:30 to 6:30 p.m.;

Spinning - Wednesday from 5:45 to 6:30 p.m.; Power Yoga -- Thursday from 4:30 to 5:30 p.m.; Hour of Resistance --

- Thursday from 5:30 to 6:30 p.m. ◆ Massages are available at the new fitness center. There are four choices of massages offered: full body for \$35 for one hour, \$17.50 for 30 minutes, \$12 for 15 minutes and chair massage \$25 for 20 minutes. Purchase massages at the fitness center and bring the receipt to the appointment. For an appointment, call 672-6565.
- ◆ Kuk Sool Won Tae Kwon Do classes are Monday, Wednesday and Friday from 5:30 to 7:30 p.m. at the health club. The cost is \$35 a month. Family rates are available.

For more information on these and other happenings at the fitness center, call 696-4140.

# Varsity basketball

The Fitness Center is now taking names for men's Varsity basketball. Those interested can sign in at the front desk of the new Fitness Center to participate or coach in men's Varsity basketball. The cut off date is Friday. For more information, contact Staff Sgt. Trevor Jackson at 696-1653 or 696-4306.

# Sand volleyball

The sand volleyball court at The Hangar Center is open every day from 9 a.m. to 7 p.m. for open play. There is no cost to use the court. Teams can enter a weekly tournament every Friday starting at 5 p.m. For more information, call 696-4305.